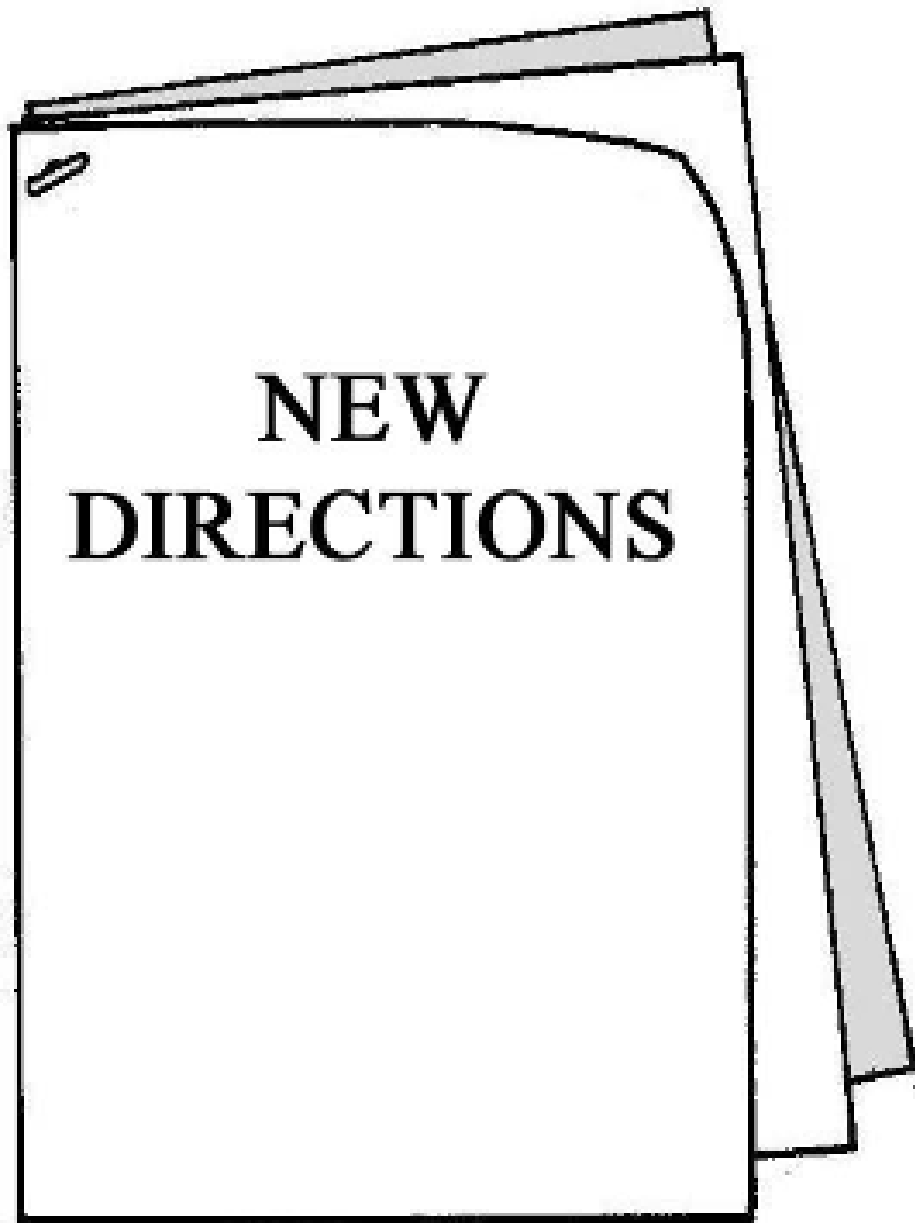
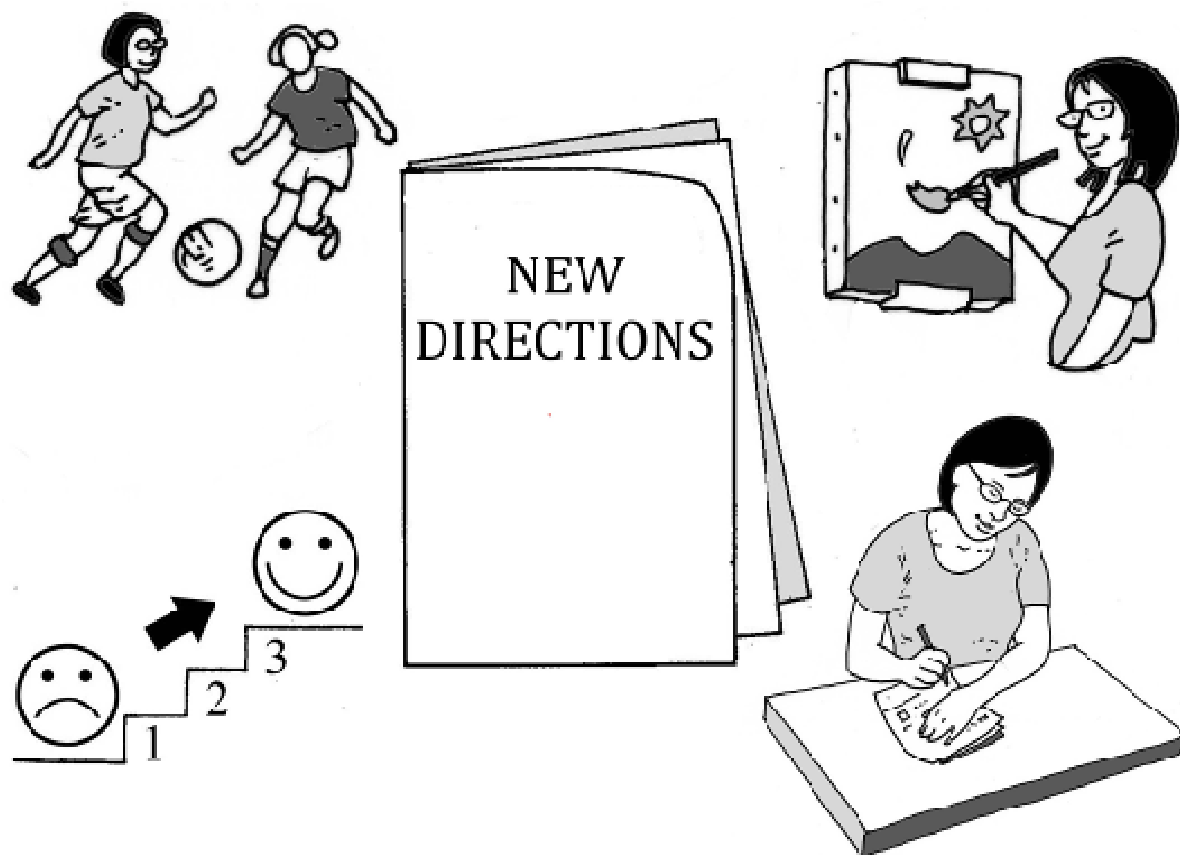


Draft Standards for New Directions

Easy To Read Guide about Good Quality Supports Introduction



In 2012 the
Health Service
wrote a book
called **New
Directions.**



New Directions talks about what people do during the day and the supports that they might need and choose.



**This book says
that services and
supports should:**

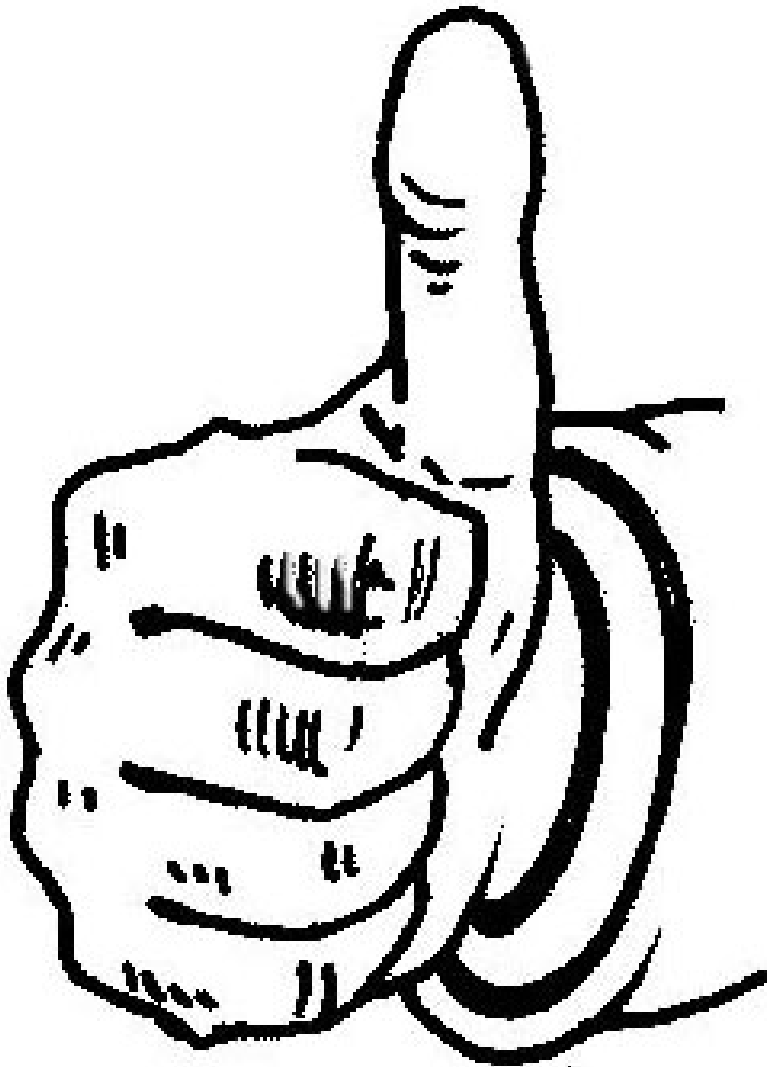
- Be Person-centred



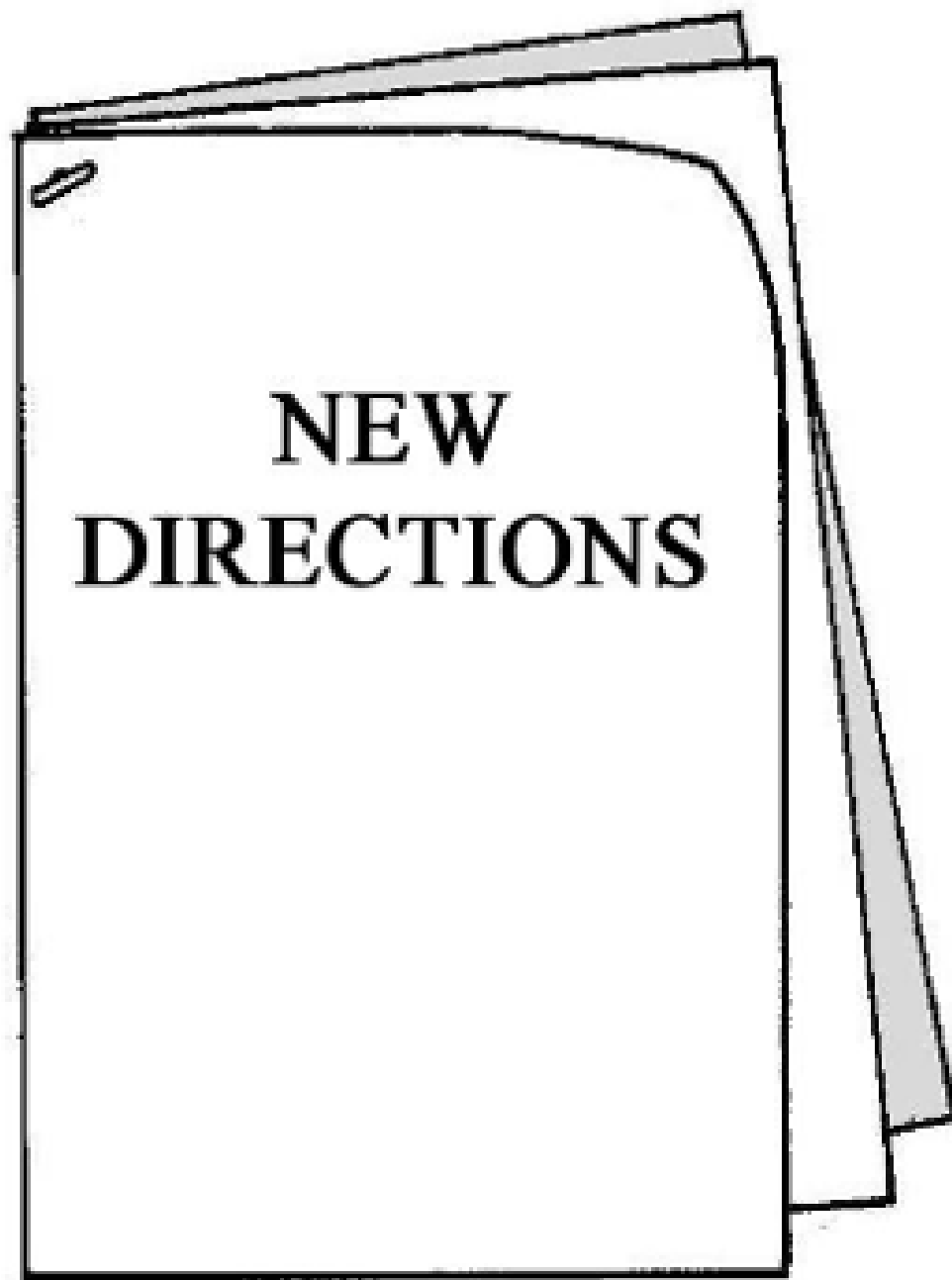
- Include people in their communities



- Help people to be active citizens, and



- Be good quality



The New Directions book says what supports people should be able to get when they use 'day services'.



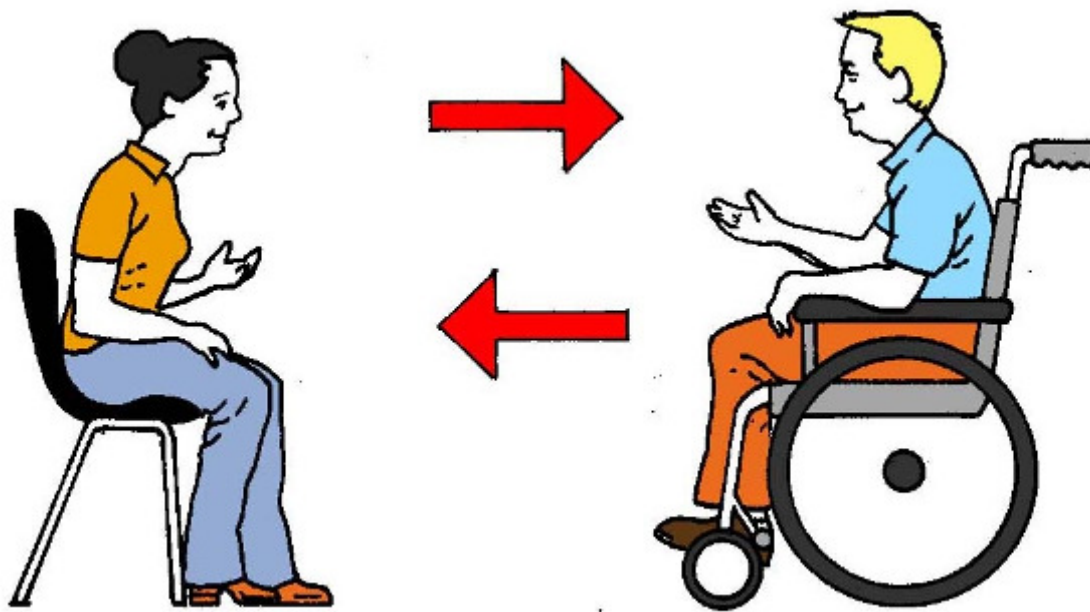
The New Directions book says that people should choose the life they want to live, and get supports that they might need to do that.



People should get the support they need to follow their own wishes, needs and goals.



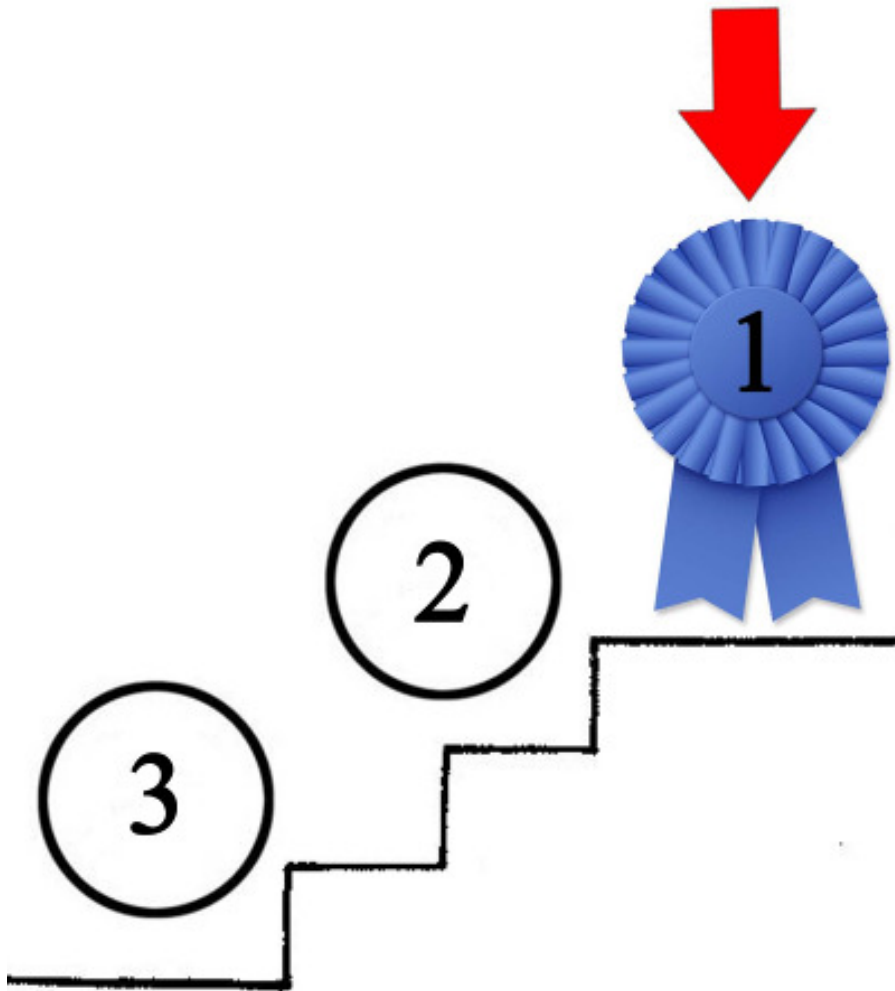
We will talk about 'support' in this book. Support is the help you get to live your life.



For example it could be a day service or connecting with a community group. There are lots of different kinds of support.



This book that you are reading is about the '**Draft Standards for New Directions**'.



**What are
Standards?**



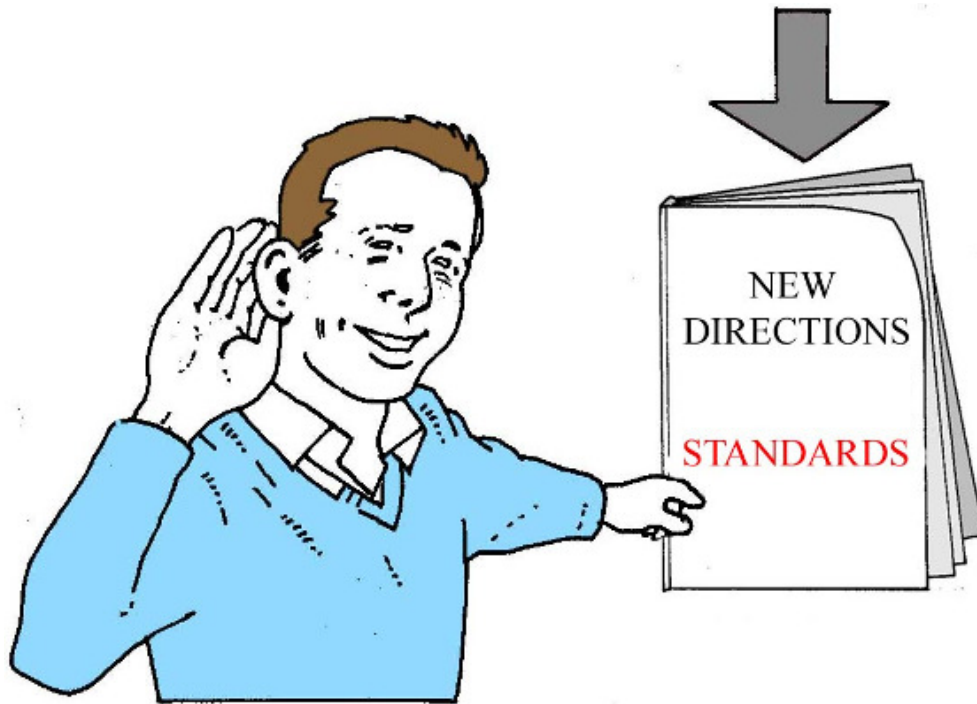
Standards are about making services and supports better for people using them.



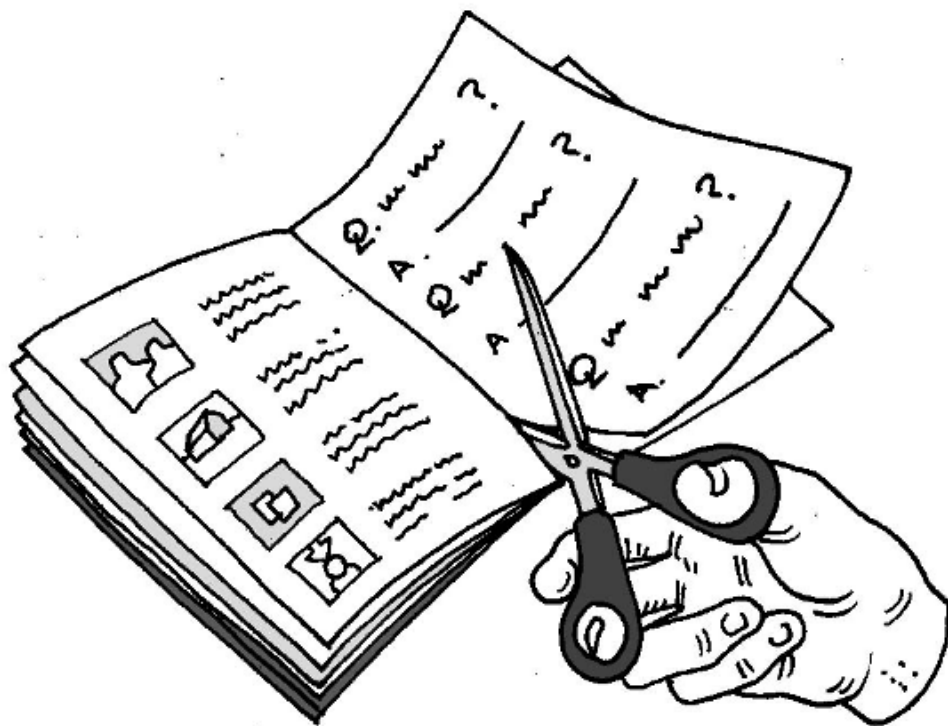
The standards are to help service providers to do what it says in 'New Directions.'

**Why is it important to
read this book?**

These standards aren't finished yet.

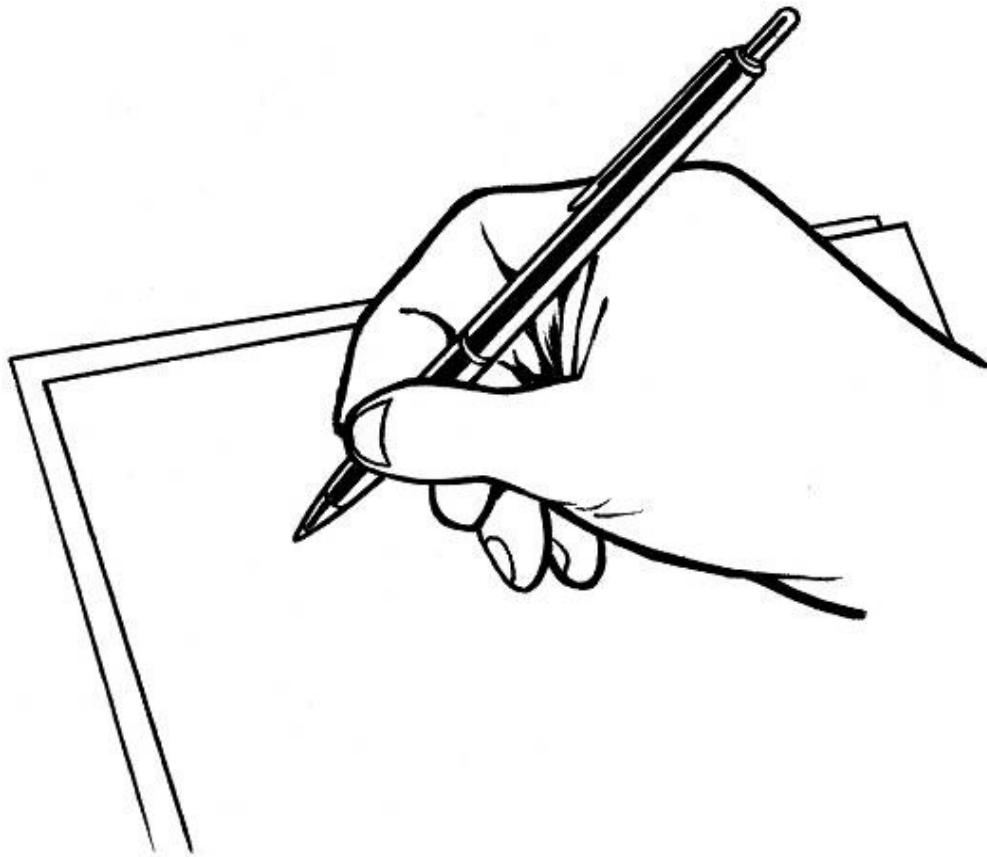


We want to ask you what you think about these standards before we finish them. You might not agree with everything that is written in this book. We want to hear what you want to say.



There is a page of questions at the back of the book.

You can cut it out and keep it beside you while you are reading this book.



This might help you to think about things that you want to say.

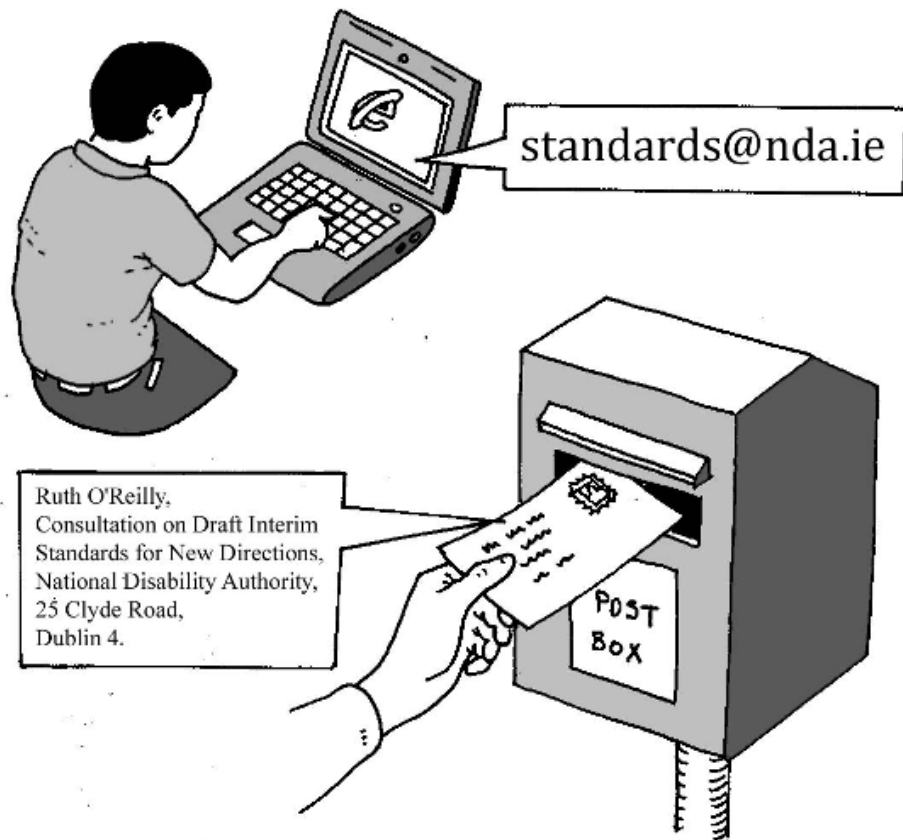
You don't have to use the questions if you don't want to.

You can just write down your ideas.



If you need help writing down your ideas, ask someone you trust for support.

**How can you let us know
what you think?**



There are 2 ways to tell us what you think:

1. You can email what you think to this email address:

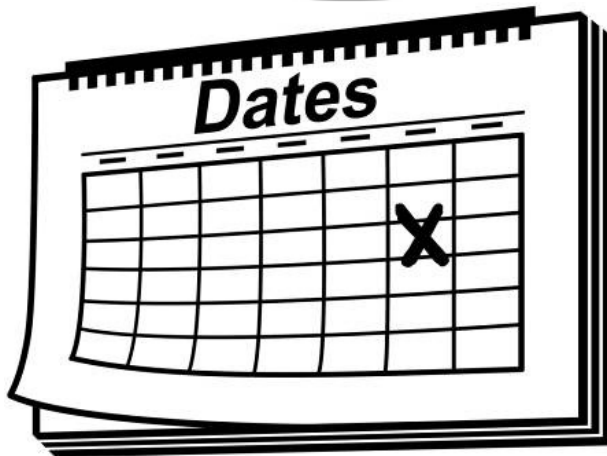
standards@nda.ie

2. You can post what you think to this address:

Ruth O'Reilly,
Consultation on Draft Interim
Standards for New Directions,
National Disability Authority,
25 Clyde Road,
Dublin 4.



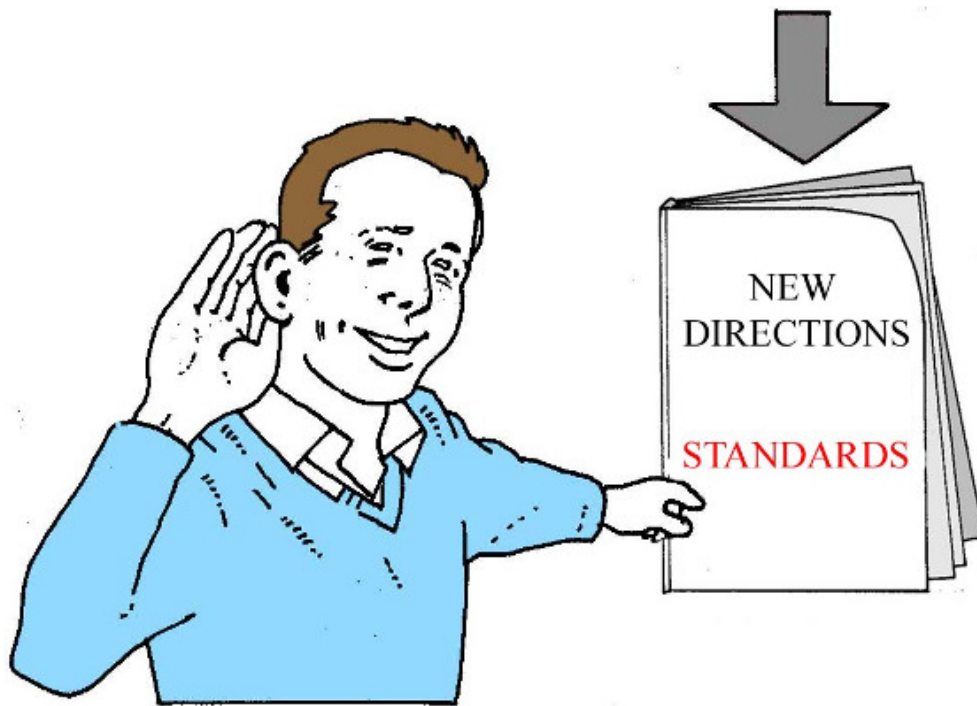
We need to know
what you think by
**5 o'clock on 17th
October 2014.**





If you have any questions, you can contact Anne Melly by emailing anne.melly@hse.ie

**What will happen after
you tell us what you
think?**

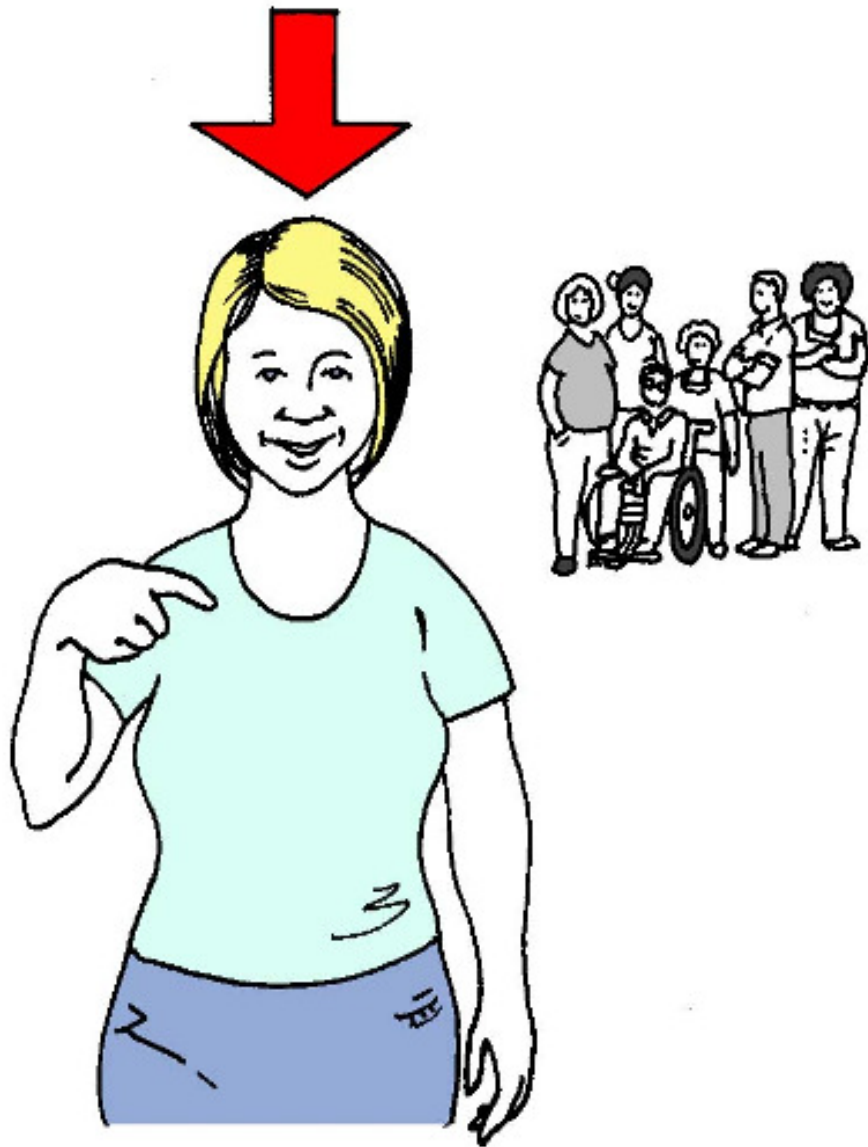


We will listen to
what you think and
make the changes
to this book.



When we make those changes, the Standards will be finished.

**What do the Standards
for New Directions say?**



There are some important ideas in the book about what services and supports should do to help people to have a good life.

The important ideas say that supports should be **person-centred**.

Person-centred means you should get the supports and services that are right for you.

This is better than everyone in a group having to have the same service.



- Supports should help people to be **included in their communities**



- Supports should help people to be **active citizens**. Being an active citizen means taking part and making a contribution to your community



- Supports should help people to be **independent**



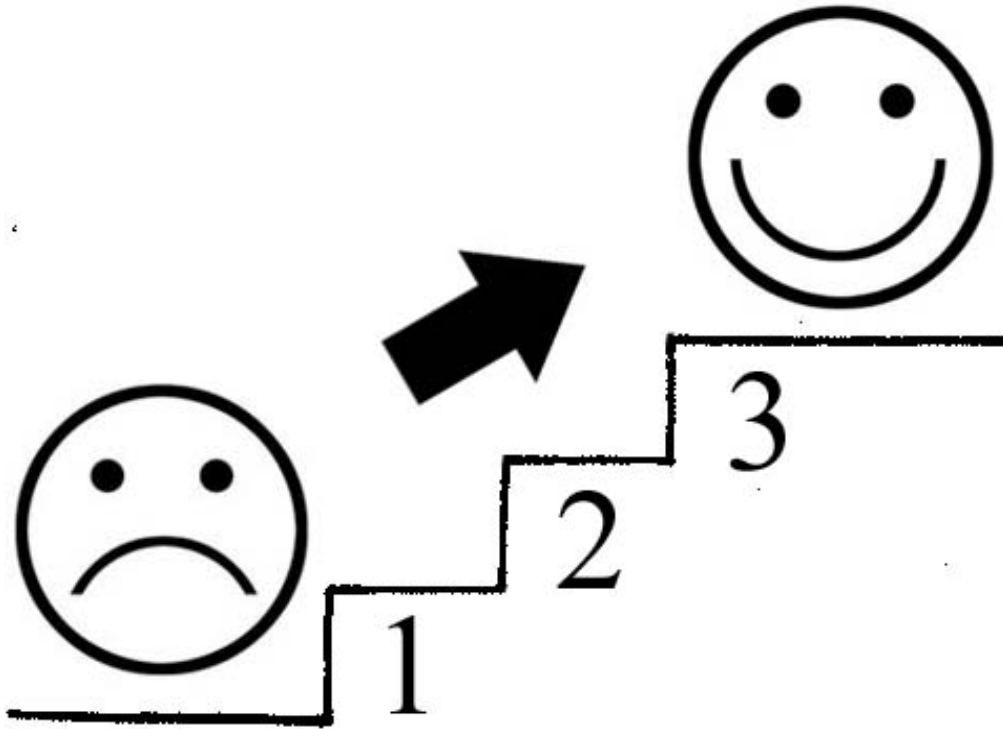
- People should be supported to have a **good quality of life**



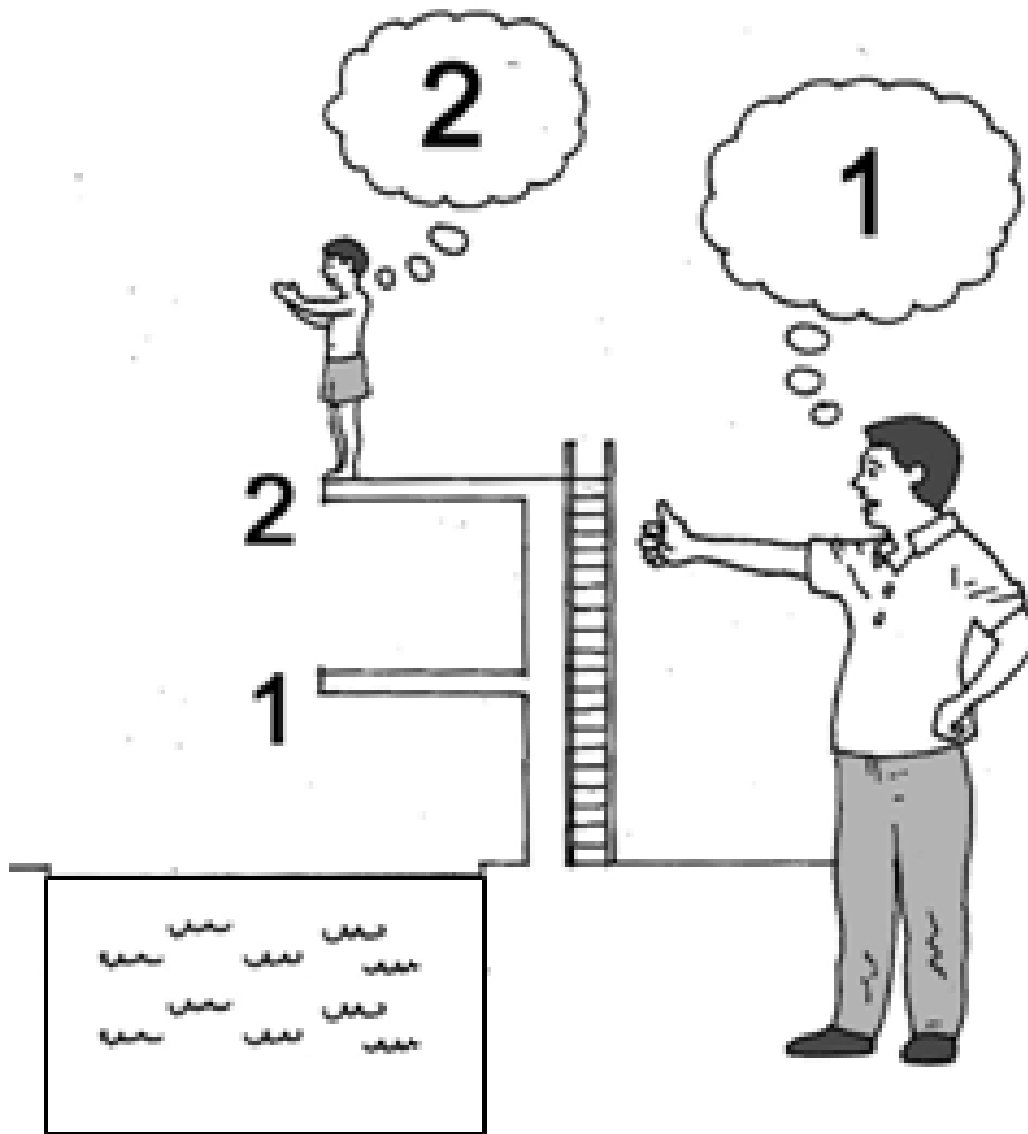
- **People's rights should be respected**



- People should get support to **stay healthy**

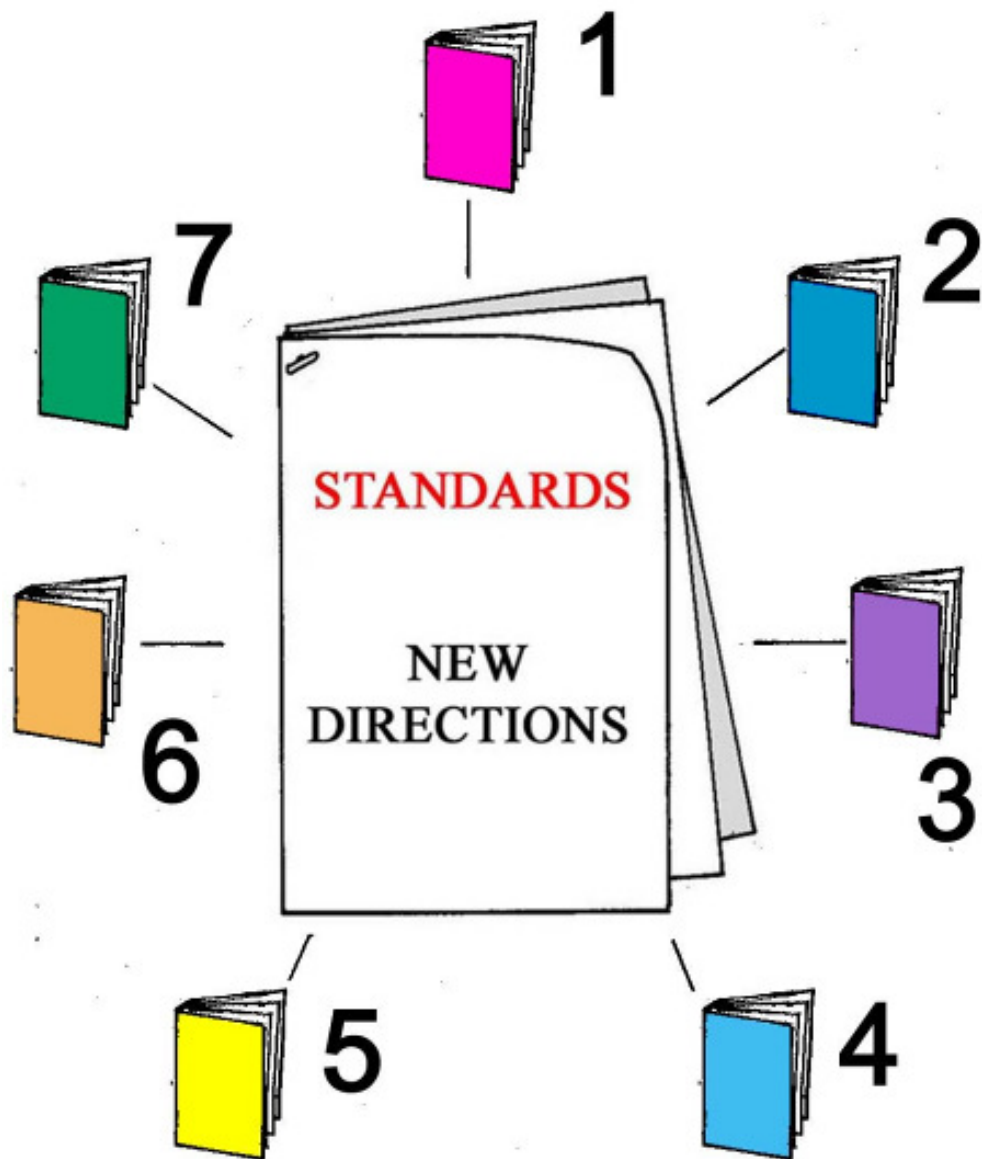


- Supports should help people to **improve their life**

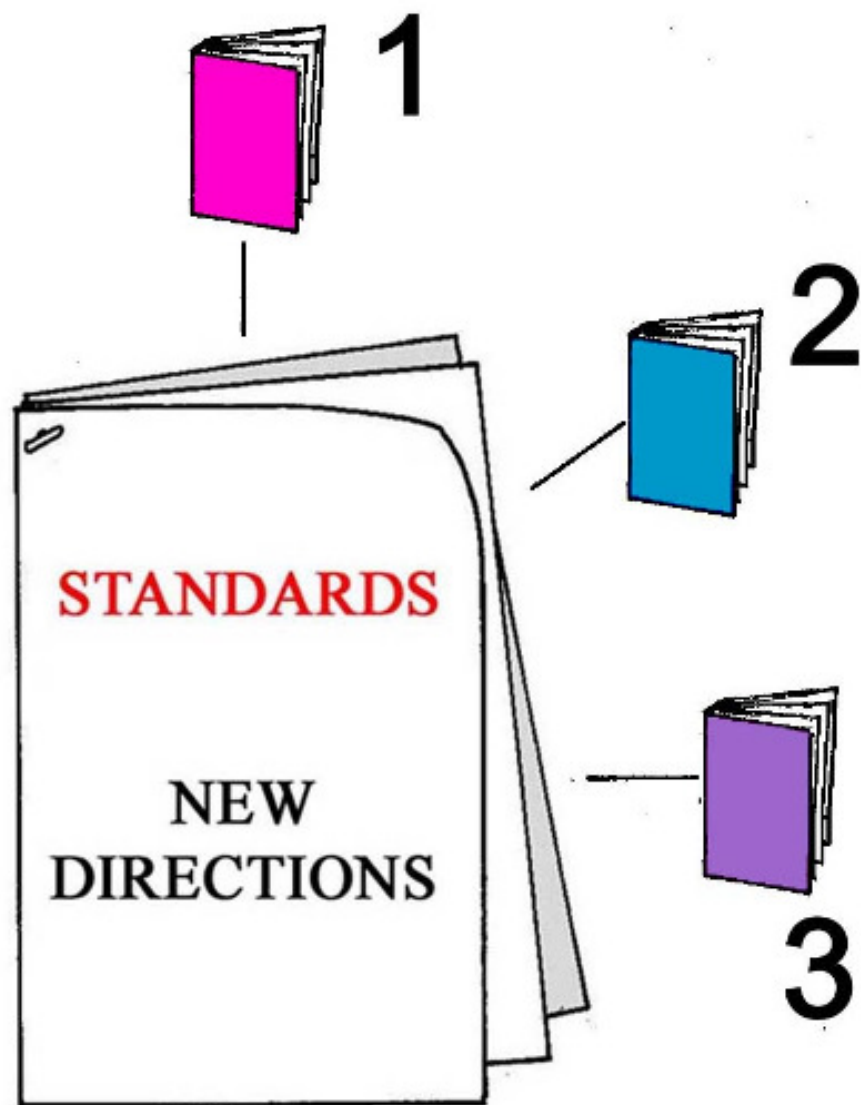


- Supports should be **safe, but should not stop people living their lives.**

**What is in this Easy to
Read book?**



There are 7 Parts
in the Draft
Standards for New
Directions.



This book is about the first 3 Parts.

The first 3 Parts are about the supports you get. They are about making sure the supports are good quality.

They also talk about the safety of people using the supports.

The last 4 Parts are about how the service providers should organise supports.

Illustrations © www.changepeople.co.uk and Donal Burke (donalgburke@gmail.com)

This Easy to Read Guide was developed in collaboration between the Health Service Executive, National Disability Authority, National Federation of Voluntary Bodies and Inclusion Ireland. We wish to thank the self-advocates who attended focus groups in Inclusion Ireland and Co-Action West Cork.