



# SUPPORTIVE COMMUNITIES

*Enhancing longer living in smarter places*

---

Ordinary Homes | Ordinary Places

Connectedness and reciprocity in communities



DKIT  NetwellCASALA

# NetwellCasala

## WHO WE ARE

Multidisciplinary applied research centre for ageing and later life (est. 2006)

- integrated community services, more sustainable home and neighbourhood design, and more age-friendly technologies.
- Applied research, range of projects, continuous process of improvement

## SOME CONTEXT

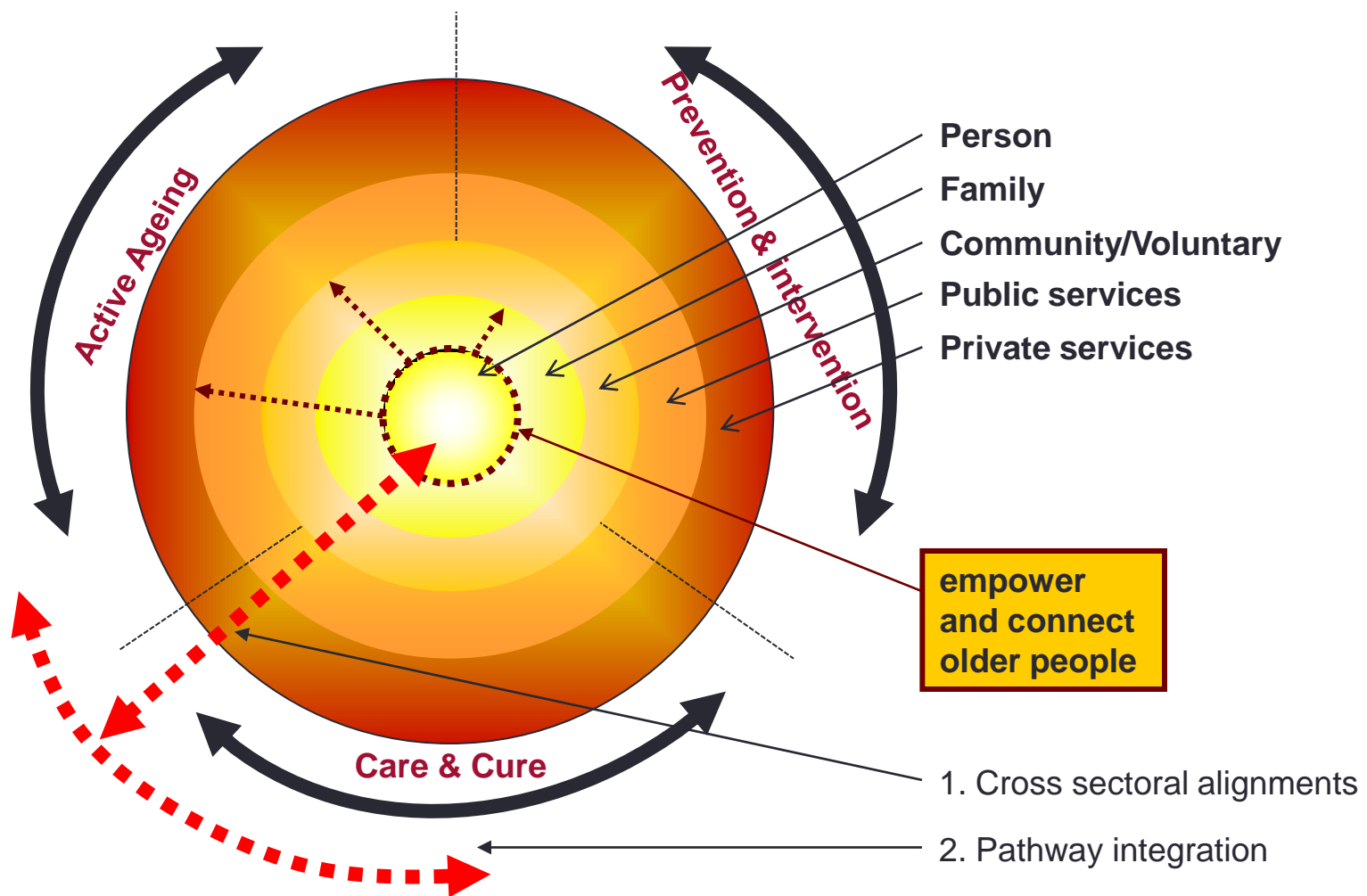
### Ageing in Europe

- Fragmented but accelerating
  - By 2025 more than 20% of Europeans will be 65 or over, with a particularly rapid increase in numbers of over-80s.
  - With age, disability is increasingly common (sensory impairment, mobility problems and cognitive impairment)
  - Ireland: approx. one third of those aged 65 years or over have a disability.
  - More and more people with a lifelong disability are living to older age.
- Transforming services for older people
    - “Positive ageing” / “active ageing”
    - Supporting independence and reducing the need for formal services.



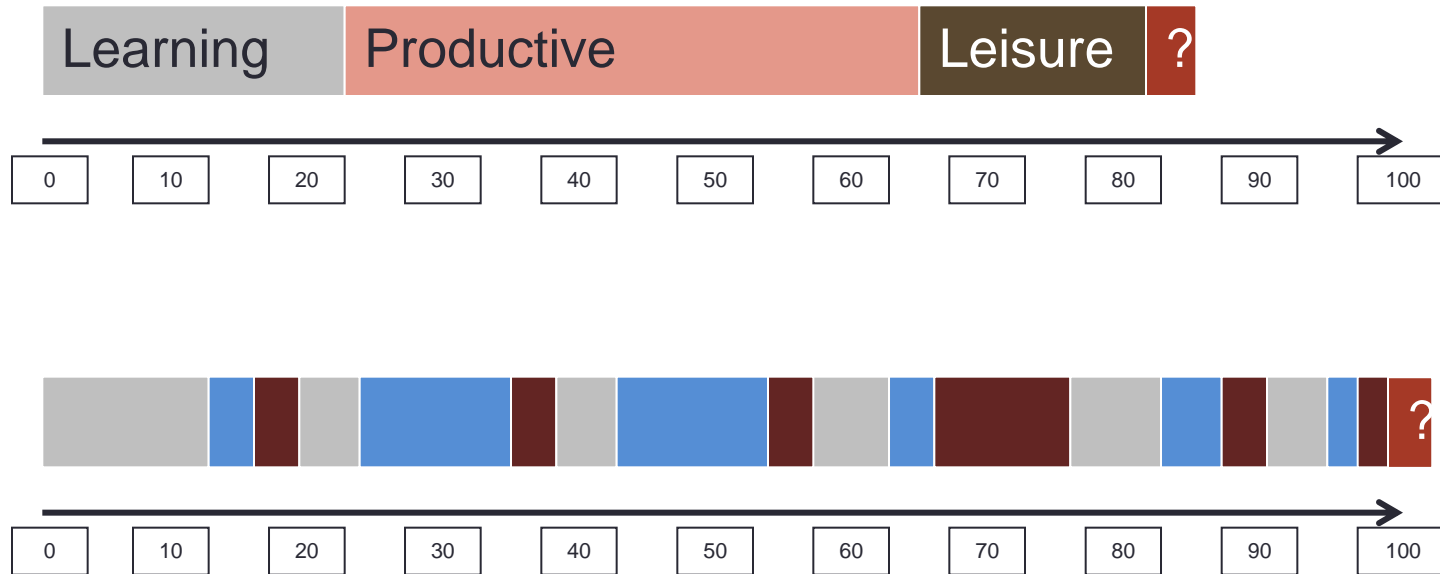
Person at the heart

Shift to the centre ...



DKIT NetwellCASALA

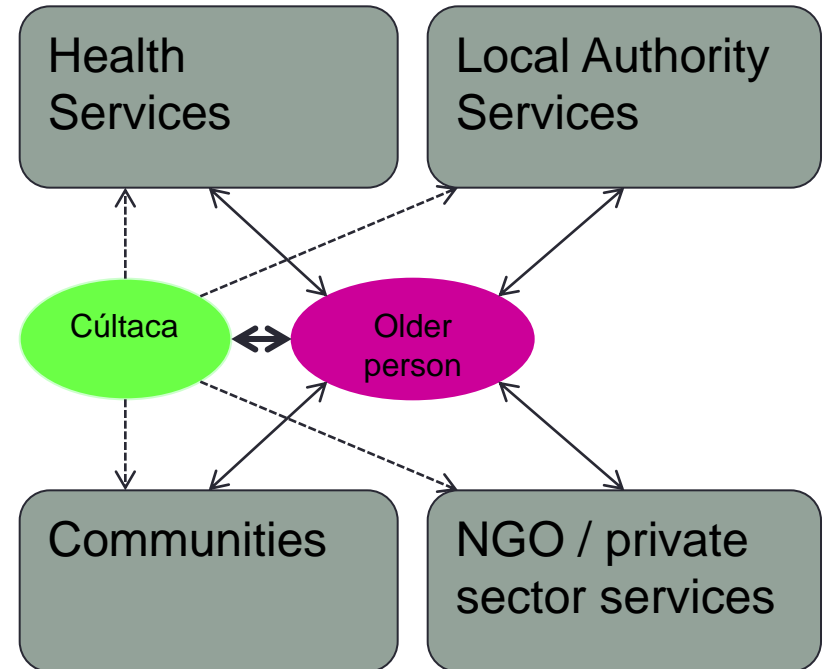
# Economics of longer living ....



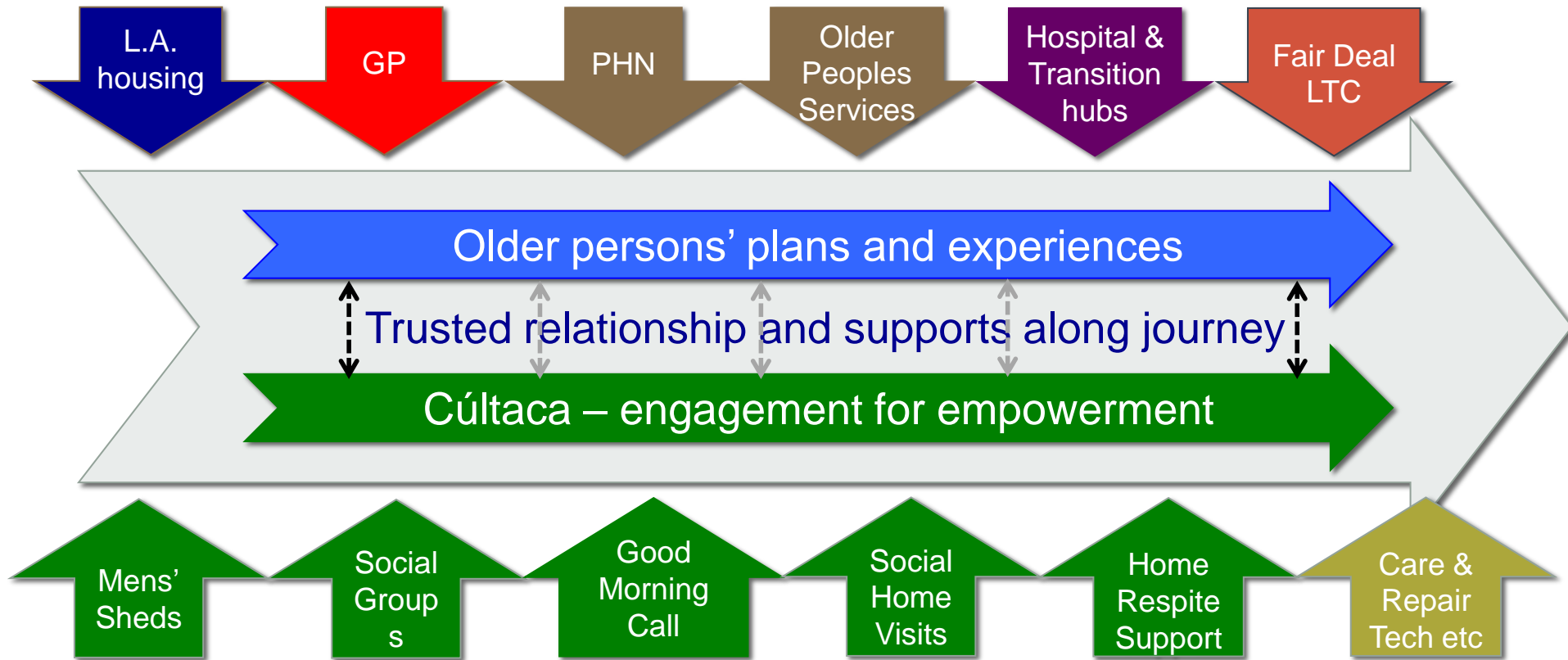
*Based on diagram by Dr John Beard & Ken Dychwald*

### Cúltaca - Enabling connection to community services

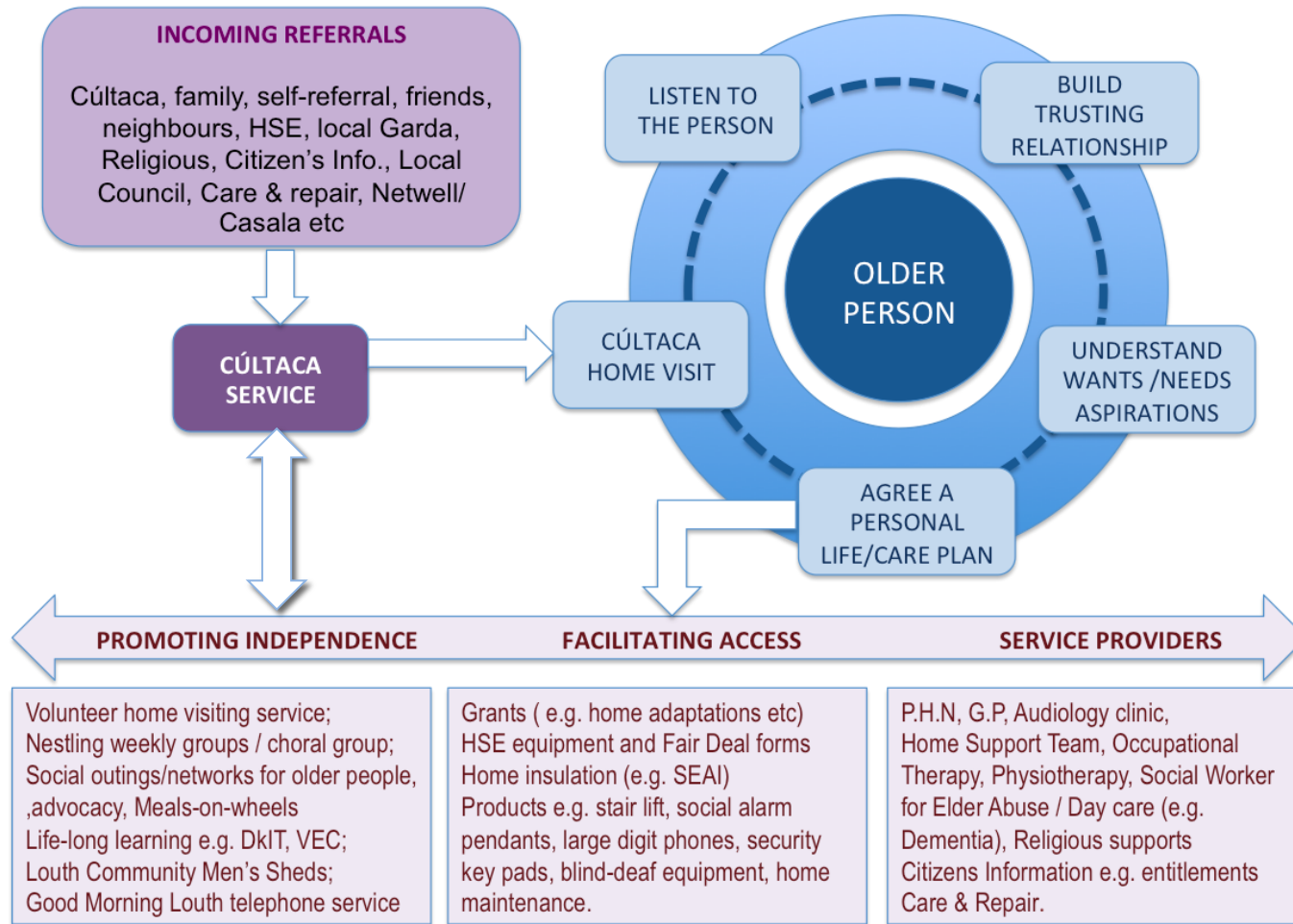
- Working with older people to develop personal plans
- Connecting older people to groups and supports
- Broker access to range of support services where needed
- Facilitating connectedness and reciprocity within communities



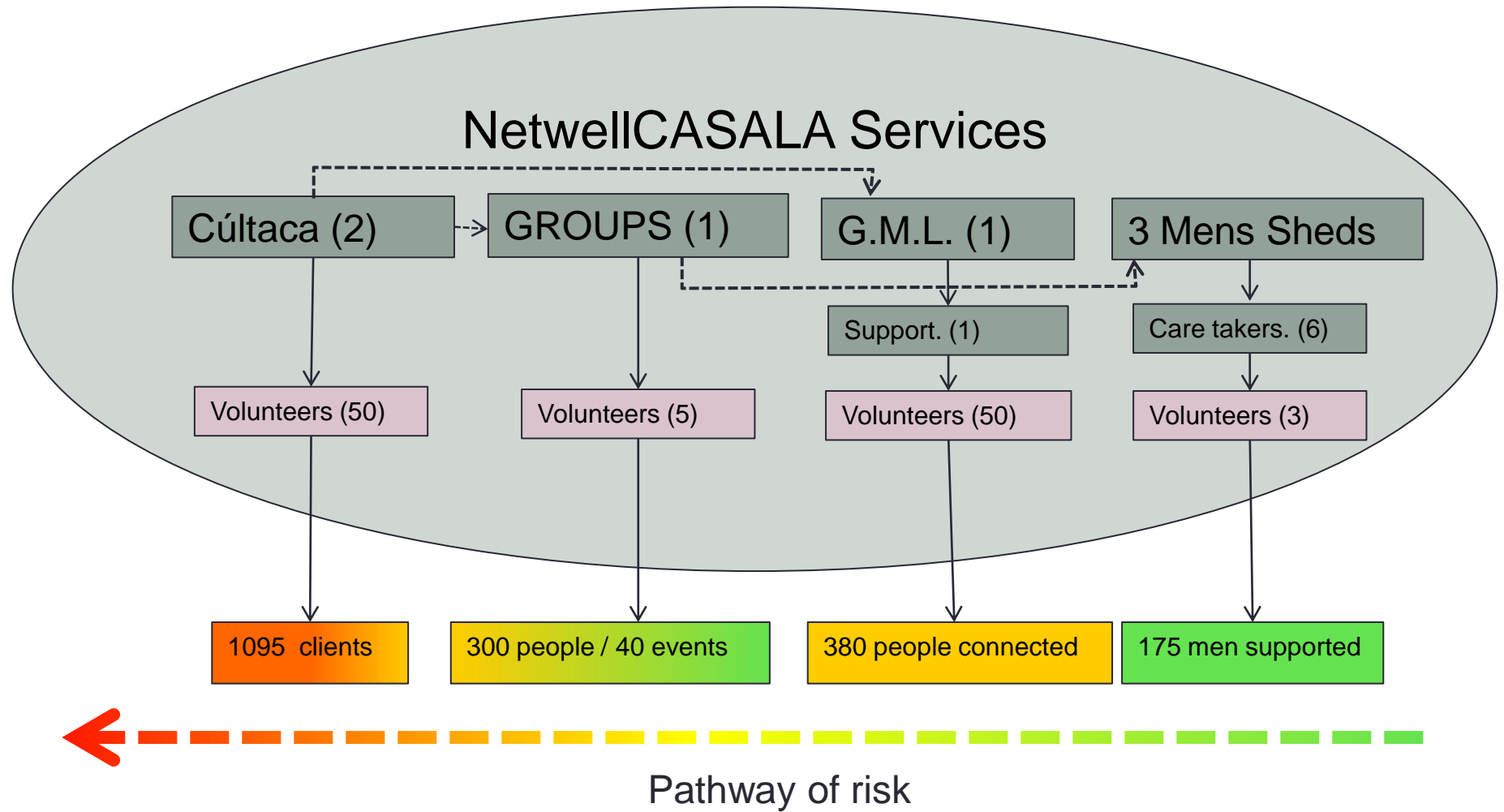
# NetwellCASALA Services



# Cúltaca – integration and coordination between service and sectors



# NetwellCASALA Services



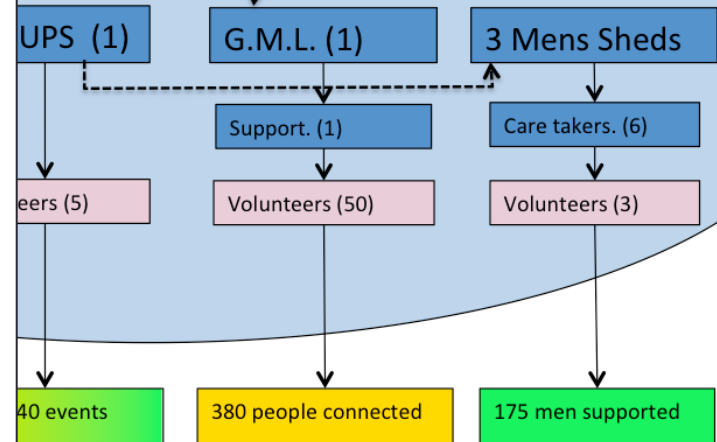


# NetwellCASALA Services

1095 Clients

- Growth 120 / year
- 79 very frail
- 20 diagnosed with dementia
- Effecting hospital avoidance/early discharge, delayed LTC admission

## NetwellCASALA Services



Pathway of risk



# Thank you



Dr. Lucia Carragher,  
NetwellCASALA, Dundalk Ireland  
[lucia.carragher@netwellcentre.org](mailto:lucia.carragher@netwellcentre.org)



DKIT  NetwellCASALA