

Draft Standards for New Directions

**Easy To Read Guide about Good
Quality Supports**

Part 1

Individualised Services and Supports



The first part is called

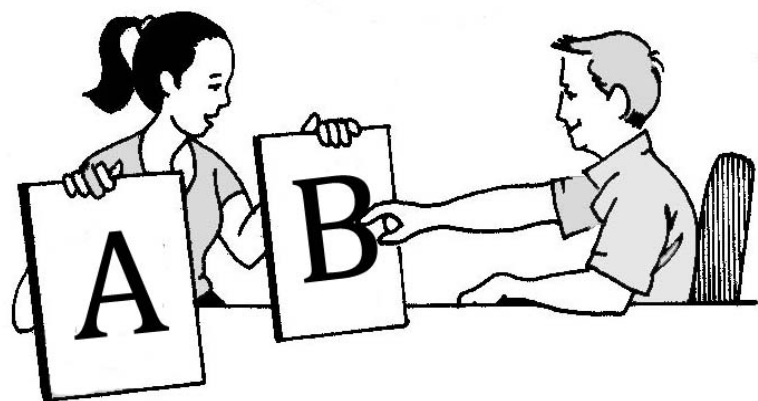
'Individualised Services and Supports'.

It is about providing support one person at a time.

Standard 1.1 says that the rights of each person are respected.

It also says that everyone is different and that people's differences are respected.





Standard 1.2 says that every person's privacy and dignity is respected.

People respect your right to make choices.



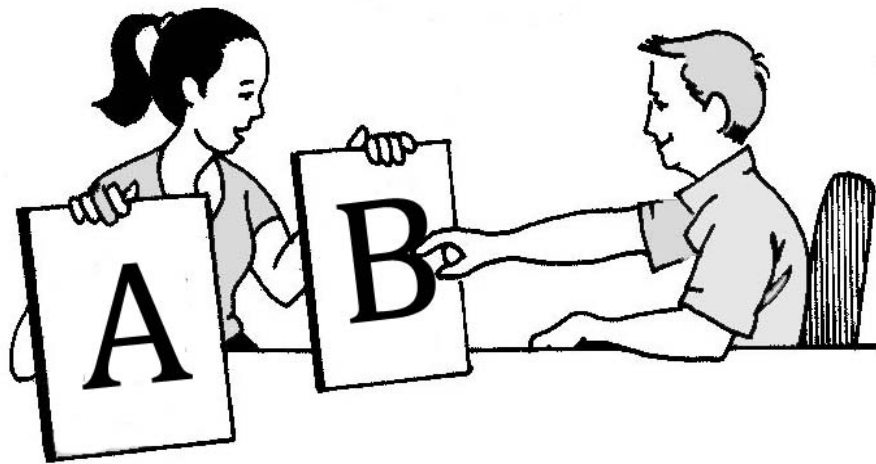
Standard 1.3 says that every person can make their own choices.

People are given information to help them make choices.

Information is given in a way that people can understand.



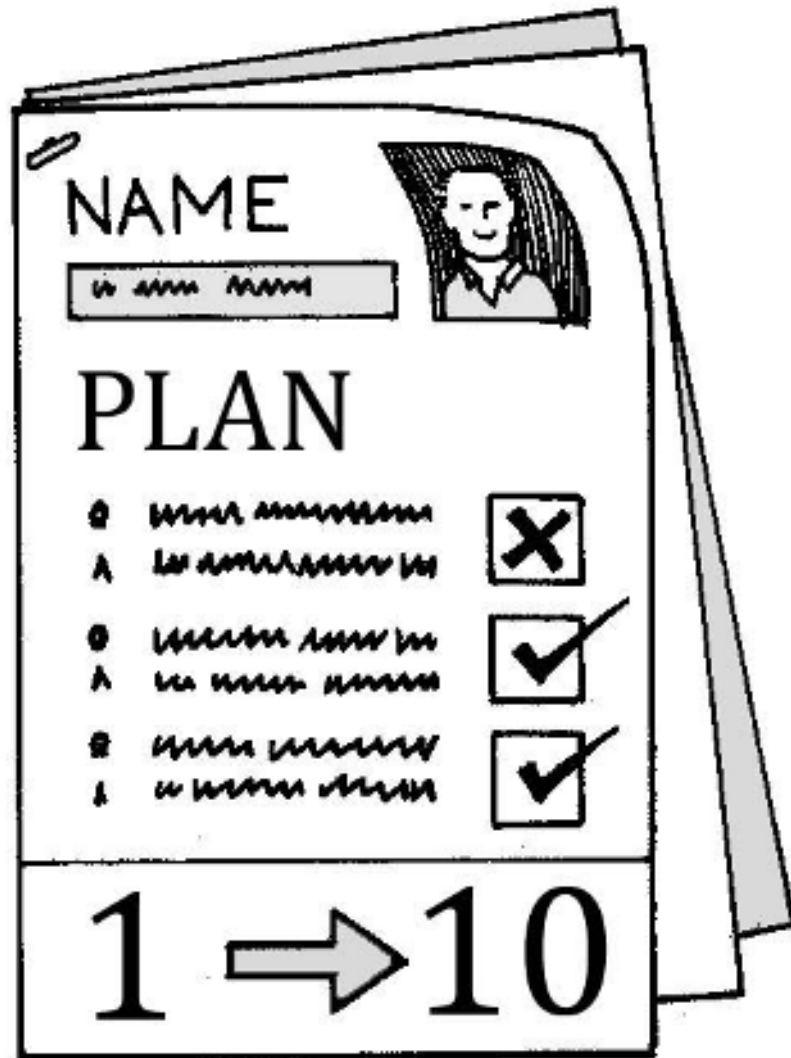
Standard 1.4 says that each person has the right to make decisions.



This right has to be respected. If people need support to make a decision, they should be given the right support.



The right support can include using advocacy services.



Standard 1.5. This standard says that each person has a personal plan that says what supports they will have to help them live a good life.



A personal plan says what you want in life and the supports to help make this happen.



Standard 1.6. This standard says that each person is supported to be in their local area and use everything that their area has to offer.

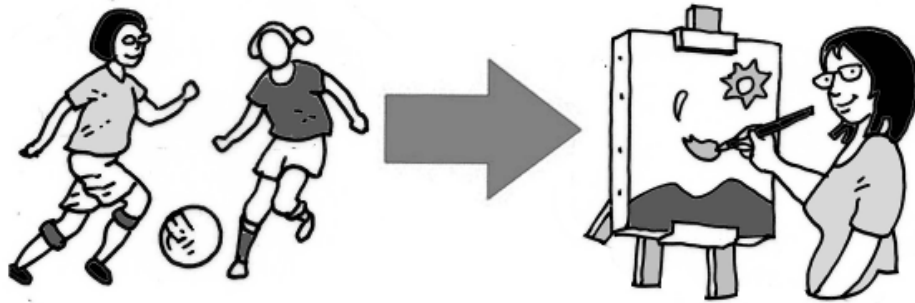


People are supported to have relationships with other people in their local area.

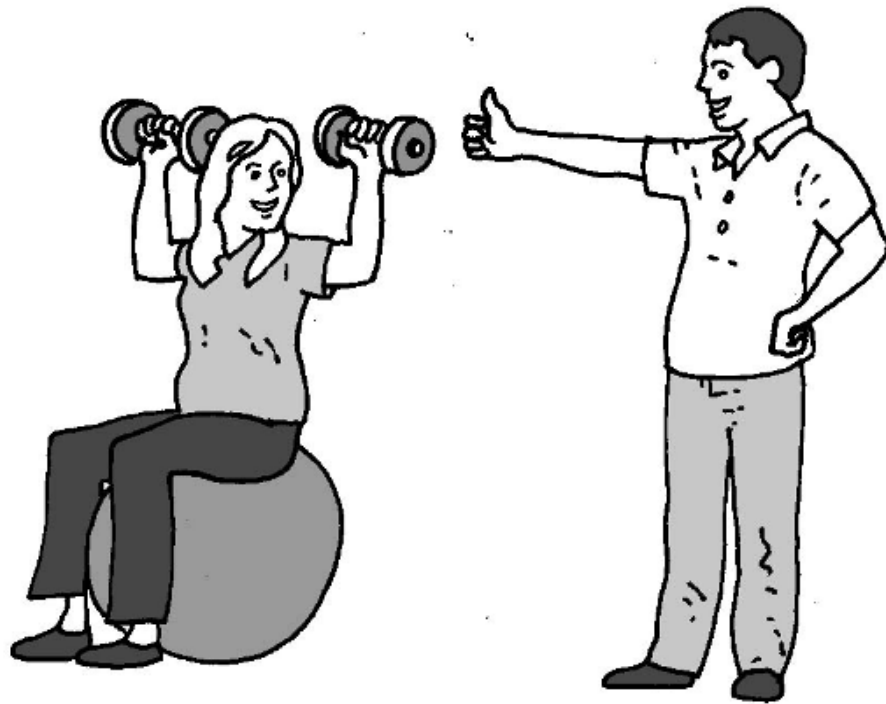
People can have supports to get to know people if they want.



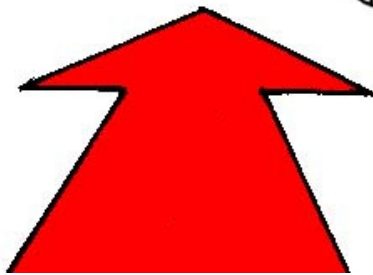
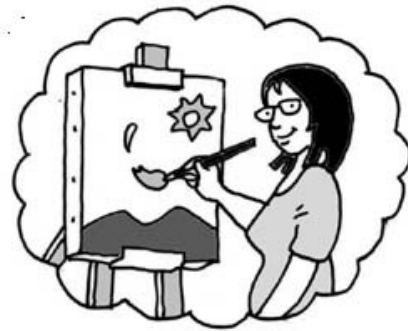
Standard 1.7 Each person has the chance to try new things that they are interested in.



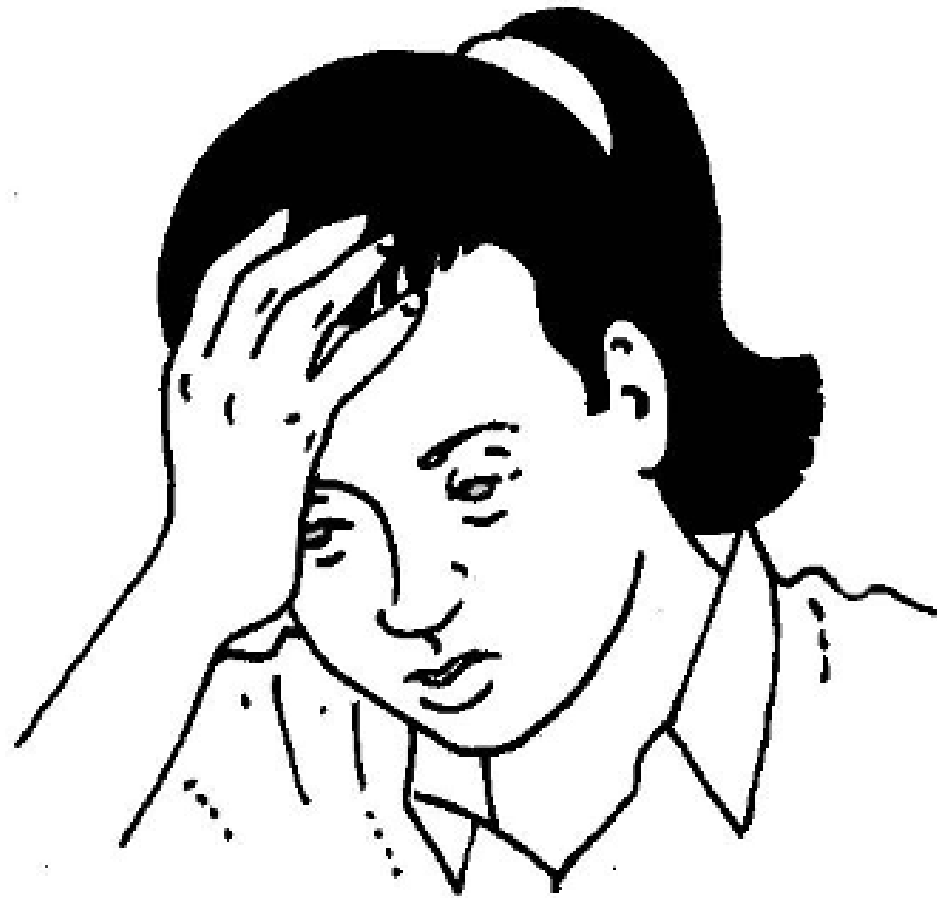
When people are changing from one type of service to another, they are supported with the change.



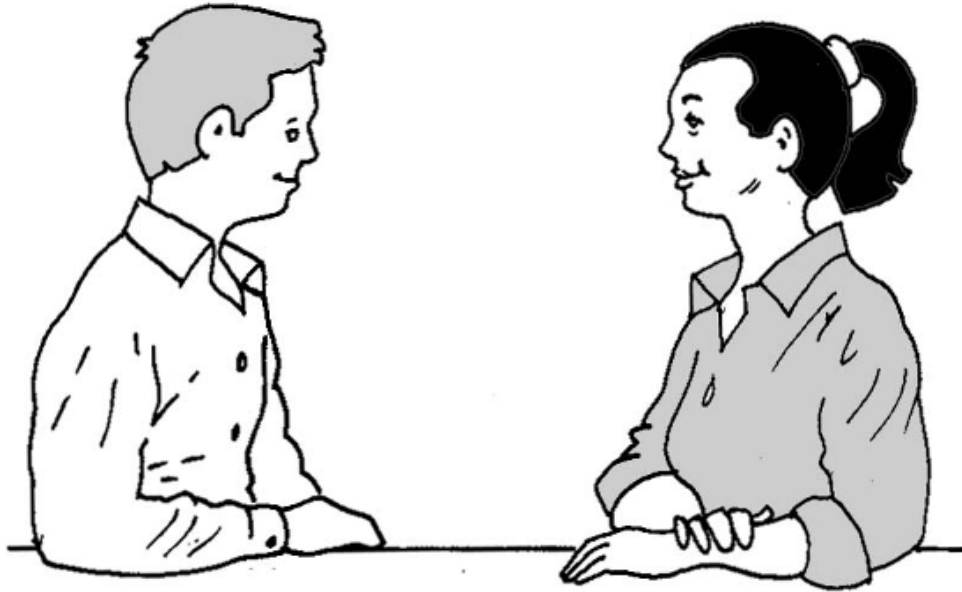
For example, if people used to go to a day centre and then they start going to a fitness class in the local gym, they get any support they need while they are getting used to the new class.



Standard 1.8 Each person moves forward with their goals and dreams.



Standard 1.9
People listen to
you when you
have a complaint
or if you are
worried about
something.



If you have a complaint or if you are worried about something, people will do something about it quickly.

You will be respected and supported at all times.

Illustrations © www.changepeople.co.uk and Donal Burke (donalburke@gmail.com)

This Easy to Read Guide was developed in collaboration between the Health Service Executive, National Disability Authority, National Federation of Voluntary Bodies and Inclusion Ireland. We wish to thank the self-advocates who attended focus groups in Inclusion Ireland and Co-Action West Cork.