

How's it going?

Survey on wellbeing and social inclusion: Guidelines for supporters

12th April 2022

The National Disability Authority today launched a survey on wellbeing and social inclusion which is being delivered by Ipsos MRBI. The survey is open to all persons living in Ireland who are aged 18 or over. The survey is primarily designed for completion online. The online survey can be accessed at www.howsitgoing.ie

An Easy Read version of the survey has been prepared to facilitate the participation of persons with intellectual disabilities. Copies of the Easy Read survey are enclosed. The Easy Read survey includes an information and consent sheet which sets out the purpose of the survey, and explains that participation is voluntary and responses are anonymous.

To make the survey accessible to persons with intellectual disabilities it was necessary to change some questions into multiple questions and to incorporate a range of images. These changes have made the printed version of the survey quite lengthy. Please do not be put off by this. There is no requirement to complete the survey in one sitting and indeed we suggest that it is completed over the course of several short sessions. We hope that participants will complete all questions but they can opt to skip questions if they find them difficult to understand or do not want to provide an answer.

Unless a question indicates multiple answers are possible respondents should pick just one answer for each question. When questions are broken into several sections one answer is required for each section.

The Easy Read survey has been tested by experts by experience, however, as individual capacity varies some of the people that you support may find it difficult to understand certain terms in the survey. To address this we have provided a glossary to help you explain terms that may not be readily understood by all the people you support.

Prepaid addressed envelopes are enclosed. A prepaid envelope has been provided for each printed copy of the survey. Each completed survey should be placed in one of the envelopes provided and posted.

We appreciate that you are busy but we hope you can find the time to help the people you support to complete the survey so that they get a chance to tell us how it's going for them. We also want to know how it's going for you so please do complete the online survey, which takes 10-15 minutes to complete.

Please ensure the completed Easy Read surveys are returned by Friday, 13th May.

If you need any further information you can contact us by email at research@nda.ie

Many thanks for your support.

Glossary	
Accessible	If something is accessible it can be used by everyone. Buildings, appliances and services should be usable so that everyone can take part in society.
Asylum applicant	An asylum-seeker/applicant is a person who had to leave their country because they were in danger. This could be because of war or because their government was treating them badly or not protecting them. They go to a different country for safety and protection. Until they are recognised as refugees, asylum seekers could be sent home.
Bisexual	Bisexual describes a person who is physically or romantically attracted to people of more than one sex or gender. For example, they may be attracted to both men and women.
Civil Partnership	A civil partnership is a life-long union between two people of the same sex that is legally recognised. It is similar to being married.
Citizen	A citizen is a person who is a member of a particular country and has rights because they were born there or because they were given rights.
Ethnicity	Ethnicity is a type of identity, for example, where you are from, the colour of your skin, your culture.
Ethnic minorities	Groups of people who are different from most people where they live. They may speak a different language or have different skin colour, behaviours or religion.
Gender	Gender is usually understood as female, male or a mix of both.
LGBTQ+ community	The LGBTQ+ community includes people who are not heterosexual or straight and people whose gender identity is different to the identity they were given when they were born. LGBTQ stands for lesbian, gay, bisexual, transgender and queer or questioning.

Glossary	
Queer	Queer is a broad term for people who are not heterosexual/straight or who do not identify with the gender they were given when they were born.
Refugee	A refugee is a person who had to leave their country because of war or other serious threats to their safety. They are allowed to stay in a different country so that they can be safe.
Roma	The Roma are an ethnic/cultural group of people who traditionally have travelled around instead of living in one place.
Sexual orientation	The emotional, romantic, or sexual attraction that a person feels towards another person.
Social class	Your social class depends on your education and the amount of money you have. People in the same social class have similar incomes and education.
Student visa	A government document that gives students permission to live in Ireland.
Work permit	A government document that says a person who is not Irish has permission to work in Ireland.