



Údarás Náisiúnta Míchumais
National Disability Authority

Finding out about how you live and how you feel about your community



Easy to Read Survey

Questions about you





1. Are you?

☐

A Man

☐

Other

☐

A Woman



2. How old are you?



3. What is the highest level of education you have completed?

☐

Primary School

☐

Further Education

☐

Secondary School

☐

Degree or higher



4. Do you live in?

☐

A city

☐

A town or village

☐

In the countryside



5. What kind of home do you live in?

☐

My own home. I have a mortgage

☐

My own home. I have no mortgage

☐

I rent a home from a local authority or housing body

☐

I rent a home from a private landlord

☐

I do not pay any rent for my home

☐

I live with parents or relatives

☐

Other

☐

I don't know



6 Which one of these groups do you belong to?

☐

Irish citizen

☐

EU citizen (not Irish)

☐

British citizen

☐

Refugee

☐

I have a work permit

☐

I have a student visa

☐

Asylum applicant

☐

Other



7. Which of these describes you best?

☐

White

☐

Irish Traveller

☐

Roma

☐

Black

☐

Asian

☐

More than one ethnicity

☐

Other



8. Are you?

☐

Straight

☐

Gay or lesbian

☐

Bisexual

☐

Queer

☐

Other



9. Are you?

☐

Married or in a civil partnership

☐

Widowed, divorced, or separated

☐

Living with a partner

☐

In a relationship but not living with my partner

☐

Single



10. Do you have any children?

☐

Yes

How many?

☐

No

11. Do you have?

☐

Blindness or a vision impairment

☐

Deafness or a hearing impairment

☐

A difficulty walking, climbing stairs, reaching, lifting, or carrying

☐

An intellectual disability

☐

A difficulty with learning, remembering, or concentrating

☐

A mental health difficulty

☐

A difficulty with pain, breathing, or an illness that has lasted a long time.

12. Do you have difficulty with any of these?



**Yes, a
lot**



**Yes, a
little**



No



Dressing, bathing
or getting around
inside the home

☐☐☐

Going outside the
home alone to
shop or visit a
doctor's surgery

☐☐☐

Working at a job or
business or going
to school or college

☐☐☐

Taking part in other
activities, for
example, leisure or
using transport

☐☐☐



13. Are you a wheelchair user?

☐

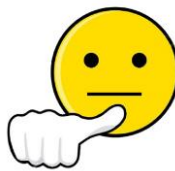
Yes

☐

No



14. How is your health in general?



5

☐

Very good

4

☐

Good

3

☐

Fair

2

☐

Bad

1

☐

Very bad

15. What is your work situation?

☐

I am an employee

☐

I am self-employed
I have my own business

☐

I am a student

☐

I am retired or get a pension

☐

I am unemployed or looking for work

☐

I cannot work due to a sickness or
disability

☐

I look after my family or home full-time

☐

Other

Questions about how you live





16. Do you own or use a mobile phone with the internet on it?

☐

Yes

☐

No

☐

I don't know



17. Do you use smart home devices, for example, Alexa or Google Nest?

☐

Yes

☐

No

☐

I don't know

18. How easy or difficult is it for you to get to these places?

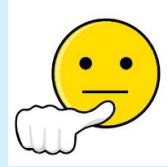
Think about access, opening times and where they are.



Easy



Difficult



Ok



Bank or Post Office

☐☐☐

Public transport,
for example, bus,
train, tram

☐☐☐

Cinema or theatre

☐☐☐

Park or green
space

☐☐☐

18. How easy or difficult is it for you to get to these places?

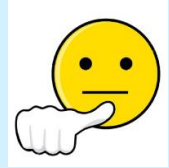
Think about access, opening times and where they are.



Easy

☐

Difficult

☐

Ok

☐

Shop or
supermarket



Recycling service

☐☐☐

GP or health
centre

☐☐☐



19. Say if you agree or disagree with these statements.

I live in a safe area



5

☐

Strongly agree

4

☐

Agree

3

☐

Don't agree or disagree

2

☐

Disagree

1

☐

Strongly disagree

There are enough places in my area to meet up with other people



5

☐

Strongly agree

4

☐

Agree

3

☐

Don't agree or disagree

2

☐

Disagree

1

☐

Strongly disagree



19. Say if you agree or disagree with these statements.

There are enough leisure and sports facilities in the area where I live



5

Strongly agree

4

Agree

3

Don't agree or disagree

2

Disagree

1

Strongly disagree

I have lots of family and friends that live near me



5

Strongly agree

4

Agree

3

Don't agree or disagree

2

Disagree

1

Strongly disagree



20. In the last six months, have you done any volunteer work through or for an organisation?

☐

Yes

☐

No

☐

I don't know



21. Are you managing to pay your bills?

☐

Yes

☐

It is hard to pay the bills sometimes

☐

It is always hard to pay the bills

☐

I have no bills

☐

I don't know

Questions about wellbeing and inclusion





22. How happy are you with your life?



5

Very happy

4

Happy

3

It is okay

2

Not happy

1

Very unhappy



23. How happy are you with your inclusion in social groups and in your community?



5

Very happy

4

Happy

3

It is okay

2

Not happy

1

Very unhappy



24. Are you looking forward to the future?



5

All the time

4

Often

3

Some of the time

2

Not very often

1

Never



25. Do you feel close to other people?



5

All the time

4

Often

3

Some of the time

2

Not very often

1

Never



26A. Do you feel there are things that make it difficult for you to take part in social and leisure activities?

☐

Yes

☐

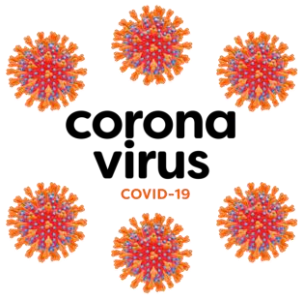
No

☐

I don't know



26B. If you said yes, what are the main things that make it difficult for you to take part in social and leisure activities?



27. Think about COVID-19 and your mental health or wellbeing.
Which one of these statements do you agree with?

☐

My mental health got worse during COVID-19

☐

My mental health got better during COVID-19

☐

My mental health stayed the same during COVID-19

28. Do you think any of these would help people to take part in society in Ireland?

☐

Campaigns for better mental health

☐

Campaigns for more inclusion

☐

Better job opportunities for everyone

☐

Better education opportunities for everyone

☐

More money for community supports

☐

More money in social welfare payments

☐

More accessible public transport

☐

More accessible buildings



28. Do you think any of these would help people to take part in society in Ireland?

☐

Better Broadband services

☐

Programmes to support people to use technology

☐

More people from different backgrounds in the media and advertising

☐

Other

☐

I don't know





29A. In the last 12 months, do you feel that you have been treated unfairly?

☐

Yes

☐

No



29B. If you said yes, do you think you were treated unfairly for any of these reasons?

You can tick as many as you want.

☐

Age

☐

Religion

☐

Gender

☐

Sexual orientation

☐

A health issue

☐

Social class

☐

Disability

☐

Other

☐

Ethnicity



30. Do you think any of these groups in Irish society find it hard to be part of the community?

☐

Older people

☐

Travellers

☐

Roma

☐

Ethnic minorities

☐

Disabled people

☐

Lone parents

☐

Refugees and asylum seekers

☐

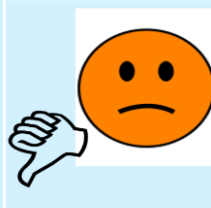
LGBTQ+ community

☐

Other



31A. If you lost your wallet, do you think it would be returned to you in one piece if it was found by a neighbour?



5

4

3

2

1

☐☐☐☐☐

Very likely

Likely

Not likely

Very unlikely

I don't know



31B. If you lost your wallet, do you think it would be returned to you in one piece if it was found by a Garda?



5

4

3

2

1

☐☐☐☐☐

Very likely

Likely

Not likely

Very unlikely

I don't know



31C. If you lost your wallet, do you think it would be returned to you in one piece if it was found by a stranger?



5

☐

Very likely

4

☐

Likely

3

☐

Not likely

2

☐

Very unlikely

1

☐

I don't know



32. How many people could you count on if you had a problem?

☐

0

☐

1 or 2

☐

Between 3 and 5

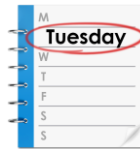
☐

More than 6

☐

I don't know

33. Do you do any of these?



**Every
day**

**Every
week**

**Every
month**

**No
never**



Go to religious
services

☐
☐
☐
☐


Use the internet
other than for work

☐
☐
☐
☐


Take part in sport
or exercise

☐
☐
☐
☐


Take part in social
activities like clubs

☐
☐
☐
☐


Meet or talk with
family, friends or
neighbours

☐
☐
☐
☐

